

2001 California Dietary Practices Survey

Table 62: Consumption of High Calorie, Low Nutrient Foods

Question: Yesterday did you eat any breakfast pastries like doughnuts, danishes, sweet rolls, muffins, croissants or pop tarts? Do not include reduced fat or fat-free items.

Yesterday did you eat any deep-fried foods like french fries, fried chicken, chicken nuggets, fried fish, fried shrimp or onion rings?

Yesterday, did you eat any potato chips, corn chips, cheese puffs, pork rinds or other fried snack foods? Do not include reduced fat or fat-free items.

Yesterday, did you eat any desserts like cake, pie, cookies, brownies, ice cream or chocolate candy bars? Do not include reduced fat, fat-free, or lower fat items.

	Servings ¹ of High Calorie, Low Nutrient Foods Reported, Mean
Total	1.0
Sex	
Males	1.1 *
Females	0.9
Males	
18 - 24	1.2
25 - 34	1.1
35 - 50	1.0
51 - 64	1.0
65+	1.1
Females	
18 - 24	0.9
25 - 34	1.0
35 - 50	0.9
51 - 64	0.8
65+	0.8
Ethnicity	
White	1.0 ^a *
Hispanic	1.0 ^a
Black	1.3 ^b
Asian/ Pacific Islander	1.0 ^{ab}
Education	
Less than high school	0.8 ^a **
High school graduate	1.1 ^b
Some college	1.0 ^{ab}
College graduate	1.0 ^{ab}
Income	
Less than \$15,000	0.9
\$15,000 - 24,999	1.0
\$25,000 - 34,999	1.0
\$35,000 - 49,999	1.0
\$50,000+	1.0
Physical Activity	
Did not meet recommendations	1.0
Met recommendations	1.0
Overweight Status	
Overweight/Obese	1.0
Not overweight	1.0

¹ Each report of "any" was counted as one serving.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a, b) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

Chi Square Test:

* p<.05

** p<.01